

# Triathlon of Compassion 2021, Race Results

2021 08 09, Sunday

[www.triofcompassion.com](http://www.triofcompassion.com)

[www.humanpoweredracing.ca](http://www.humanpoweredracing.ca)

	rank	time	status	firstname	lastname	Racer #	Chip #s	team members								
<b>Male 16-19 Triathlon - Super Series</b>									Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
	1	34:34.4		Broadie	Marshall	69	J93		3:54.9	1	20:49.2	2	9:50.2	1	34:34.4	1
	2	35:30.9		Trevor	Laupland	63	Z13		3:56.0	2	20:47.5	1	10:47.2	3	35:30.9	2
	3	36:54.1		Jack	Screen	55	Z5		4:35.9	6	22:02.6	5	10:15.4	2	36:54.1	3
	4	37:27.4		Marcus	Nguyen	57	Z7		4:15.9	3	21:35.9	3	11:35.4	4	37:27.4	4
	5	38:54.8		Benjamin	Wye	56	Z6		4:58.6	7	21:45.2	4	12:10.8	5	38:54.8	5
	6	39:41.6		Josh	Staiger	61	Z11		4:28.9	4	22:16.8	6	12:55.8	6	39:41.6	6
	7	41:41.6		D. Mackay	McIntosh	58	Z8		4:32.9	5	23:16.7	7	13:51.8	7	41:41.6	7
<b>Male 13-15 Triathlon - Super Series</b>									Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
	1	40:00.0		Austin	Beese	68	Z18		4:18.9	1	22:29.9	1	13:11.2	2	40:00.0	1
	2	40:58.8		Kaeden	Pescitelli	66	Z16		4:59.4	2	23:09.5	2	12:49.8	1	40:58.8	2
	3	47:34.4		Kostas	Powell	67	Z17		5:30.5	3	27:26.2	3	14:37.5	3	47:34.4	3
<b>Female 13-15 Triathlon - Super Series</b>									Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
	1	47:33.8		Sonia	Nguyen	65	Z15		5:19.8	1	27:01.0	1	15:12.9	1	47:33.8	1
<b>Female 16-19 Triathlon - Super Series</b>									Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
	1	37:03.1		Sidney	Clement	60	Z10		4:10.5	1	21:41.8	3	11:10.6	1	37:03.1	1
	2	37:27.4		Jamie	Harker	54	Z4		4:11.2	2	21:35.8	2	11:40.3	3	37:27.4	2
	3	37:45.9		Emma Jean	Neal	51	Z1		4:19.9	4	21:33.0	1	11:53.0	4	37:45.9	3
	4	38:01.1		Heidi	Henry	62	Z12		4:17.7	3	21:43.5	4	11:59.8	5	38:01.1	4
	5	40:36.2		Gabrielle	Bourgault Kennaley	52	Z2		4:22.8	5	24:42.8	5	11:30.5	2	40:36.2	5
	6	45:26.6		Alexis	Woo	53	Z3		5:14.2	6	25:59.5	6	14:12.8	6	45:26.6	6
	7	47:27.6		Kate	Brooks	64	Z14		5:26.1	7	26:39.7	7	15:21.7	7	47:27.6	7
			DNS	Anna	Jackson	59	Z9									
<b>Male 6-7 Triathlon - Youth (6-7)</b>									Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)

1	11:49.1	Finley	Warder	207	Z25	1:41.2	1					11:49.1	1
2	15:34.3	Finlayson	Guest	202	Z20	2:50.6	3	9:53.8	1	2:49.7	3	15:34.3	2
3	17:29.4	Jaxon	Rice	209	Z27	1:49.1	2	12:56.8	2	2:43.4	2	17:29.4	3
4	21:19.9	Peter	Materek	205	Z23	3:14.8	4	15:25.7	3	2:39.3	1	21:19.9	4

**Male 8-9 Triathlon - Youth (8-9)**

						Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
1	18:48.8	Elliot	Warder	215	Z33	2:32.4	1	11:27.3	1	4:49.0	3	18:48.8	1
2	19:09.8	Dylan	Owen	212	Z30	2:57.3	2	11:36.1	2	4:36.3	1	19:09.8	2
3	20:59.0	Tate	Williams	213	Z31	3:25.8	3	12:49.6	4	4:43.4	2	20:59.0	3
4	22:16.9	Osman	Akgun	217	Z35	4:27.3	5	12:07.3	3	5:42.2	4	22:16.9	4
5	27:42.5	Kai	Moore	216	Z34	3:44.6	4	17:05.9	5	6:51.9	5	27:42.5	5

**Male 10-11 Triathlon - Youth (10-11)**

						Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
1	32:25.5	Edwin	Gourlay	220	Z38	4:36.5	1	17:48.8	1	10:00.0	1	32:25.5	1

**Male 12-13 Triathlon - Youth (12-13)**

						Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
1	37:09.4	Mateus	Dodd	238	J6	4:53.9	4	22:35.1	2	9:40.3	1	37:09.4	1
2	40:56.1	Jayden	Owen	230	Z48	4:50.4	3	24:34.5	3	11:31.1	4	40:56.1	2
3	41:09.1	Safa	Akgun	236	J4	5:55.4	6	24:56.7	4	10:16.9	3	41:09.1	3
4	41:36.4	Emilian	Holmgren	229	Z47	4:26.2	2	27:10.9	6	9:59.1	2	41:36.4	4
5	42:35.2	Brecon	Gould	224	Z42	5:25.7	5	25:34.6	5	11:34.8	5	42:35.2	5
6	44:18.1	Nolan	Rossato	223	Z41	4:25.5	1	20:58.1	1	18:54.4	7	44:18.1	6
7	1:02:00	Jaeden	Sewagudde-Peden	231	Z49	8:16.0	7	38:34.7	7	15:09.2	6	1:02:00	7
		DNS	Eliakim (Eli)	Geisler	237	J5							

**Male 14-15 Triathlon - Youth (14-15)**

						Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
1	53:50.2	Mehmet Zahid	Akgun	242	J10	6:38.8	2	30:21.5	1	16:49.8	2	53:50.2	1
2	55:04.5	Soren	Rossato	241	J9	5:36.8	1	35:29.7	2	13:57.9	1	55:04.5	2

**Male 19&Under Triathlon - Adult (16+)**

						Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
1	1:23:01	Timothy	Fang	287	J55	12:57.7	3	43:35.8	1	26:27.7	2	1:23:01	1
2	1:24:39	Brian	Ji	273	J41	10:12.1	1					1:24:39	2
3	1:31:55	Andy	Huang	258	J26	10:35.7	2	55:05.0	2	26:14.5	1	1:31:55	3

**Male 25-29 Triathlon -  
Adult (16+)**

						Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
1	1:05:03	Jason	Basaur	291	J59	10:00.7	3	35:40.6	2	19:21.7	1	1:05:03	1
2	1:05:47	Takuma	Cottle	274	J42	9:53.5	2	35:34.7	1	20:18.8	2	1:05:47	2
3	1:18:38	Ryan	Antonsen	259	J27	8:57.4	1	43:43.2	3	25:57.7	4	1:18:38	3
4	1:24:34	Rok	Hong	276	J44	10:34.2	4	48:13.2	5	25:46.1	3	1:24:34	4
5	1:25:14	Calder	Brown	310	J79	11:38.8	5	44:32.7	4	29:02.3	5	1:25:14	5
		DNS	Ollie	Steiner	284	J52							

**Male 30-34 Triathlon -  
Adult (16+)**

						Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
1	1:07:51	Stephen	McMurray	250	J18	7:08.4	1	37:18.2	1	23:23.9	3	1:07:51	1
2	1:09:28	Ben	Boghean	278	J46	9:26.1	3	38:21.5	2	21:40.4	1	1:09:28	2
3	1:12:28	Nick	Chiarelli	317	J87	8:51.7	2	41:14.6	3	22:21.1	2	1:12:28	3
4	1:30:04	Wade	McCulloch	312	J81	12:03.5	4	46:22.2	4	31:37.7	4	1:30:04	4

**Male 35-39 Triathlon -  
Adult (16+)**

						Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
1	1:03:34	Brandon	Kirk	254	J22	8:19.5	2	34:11.3	1	21:03.1	2	1:03:34	1
2	1:07:41	Aaron	Holmgren	246	J14	8:46.5	3	41:10.3	3	17:44.1	1	1:07:41	2
3	1:11:41	Jeff	Albert	281	J49	11:01.7	5	39:24.6	2	21:14.6	3	1:11:41	3
4	1:14:49	Erich	Schmitt	249	J17	7:21.1	1	41:49.6	4	25:37.8	4	1:14:49	4
		Jacob	Garrett	251	J19	9:34.3							

**Male 40-44 Triathlon -  
Adult (16+)**

						Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
1	1:19:26	Chris	McDonald	305	J74	12:46.4	4	41:07.6	1	25:31.8	2	1:19:26	1
2	1:19:38	Brent	Owens	256	J24	9:02.3	1	42:59.3	3	27:36.0	3	1:19:38	2
3	1:20:09	Clint	Gaspard	303	J72	12:26.2	3	42:26.7	2	25:15.5	1	1:20:09	3
4	1:35:42	David	Cerilli	302	J71	12:12.3	2	52:04.1	4	31:25.9	4	1:35:42	4
		DNS	CJ	Young	309	J78							

**Male 45-49 Triathlon -  
Adult (16+)**

						Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
1	1:16:16	Brad	Armstrong	263	J31	10:03.7	1	40:17.2	1	25:55.2	3	1:16:16	1
2	1:20:39	David	Powell	285	J53	11:02.1	2	43:51.3	2	25:45.2	1	1:20:39	2
3	1:23:48	Steven	Mitchell	300	J69	12:30.3	5	45:19.6	3	25:57.9	4	1:23:48	3

4	1:24:49	Kalani	Diehl	301	J70	12:09.9	3	46:51.0	4	25:47.6	2	1:24:49	4
5	1:33:05	Cameron	Wildeman	320	J90	12:10.0	4	49:50.5	5	31:04.3	5	1:33:05	5
	DNS	Joshua	Blacker	307	J76								

**Male 50-54 Triathlon - Adult (16+)**

						Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
1	1:14:21	Mike	Sanders	253	J21	9:51.6	1	41:26.6	1	23:02.3	1	1:14:21	1
2	1:20:19	Richard	Weir	297	J65	11:54.2	3	42:00.6	2	26:24.2	2	1:20:19	2
3	1:25:34	Mason	Mcquarrie	272	J40	11:15.5	2	44:51.0	3	29:26.9	3	1:25:34	3
4	1:29:03	Scott	Derry	316	J86	13:00.7	4					1:29:03	4
	DNS	Corey	Scholefield	315	J85								

**Male 60-64 Triathlon - Adult (16+)**

						Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
1	1:35:42	Bruce	Hampson	321	J91	22:43.8	1	41:08.6	1	31:49.9	1	1:35:42	1

**Male 65-69 Triathlon - Adult (16+)**

						Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
1	1:41:02	Tom	Lanigan	319	J89	16:38.7	1	46:09.6	1	38:13.1	1	1:41:02	1

**Male 10-11 Duathlon - Youth (10-11)**

						Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
		Liam	Du Preez	244	J12								

**Male 60-64 Duathlon - Adult (16+)**

						Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
1	1:35:49	Chris	Wille	322	J92							1:35:49	1

**Male M19&Under Triathlon - Senior Youth Relay**

						Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
1	44:57.4	FCRCC		239	J7	4:05.1	1	28:07.1	1	12:45.2	1	44:57.4	1

Xander  
Thompson, Neo  
Horvath,  
Graeme  
McCuaig

**Female 6-7 Triathlon - Youth (6-7)**

						Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
1	14:11.9	Allaire	Akeroyd	203	Z21	2:21.5	1	9:14.4	1	2:35.8	2	14:11.9	1
2	15:22.8	Charlee	Alleyn	201	Z19	3:04.3	4	9:53.2	2	2:25.2	1	15:22.8	2

3	16:56.1	Everly	Jones	206	Z24	2:51.5	2	11:24.5	3	2:40.0	3	16:56.1	3
4	17:49.3	Vera	McDonald	204	Z22	3:01.4	3	12:04.4	4	2:43.4	4	17:49.3	4
		DNS	Maeve	208	Z26								

**Female 8-9 Triathlon - Youth (8-9)**

						Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
1	24:11.7	Kimberly	Johnston	210	Z28	3:45.7	3	15:04.0	2	5:21.8	1	24:11.7	1
2	28:01.3	Scarlett	Wood	211	Z29	3:19.3	1	14:22.1	1	10:19.8	3	28:01.3	2
3	28:46.2	Ava	Cabral	214	Z32	3:40.4	2	16:44.0	3	8:21.7	2	28:46.2	3

**Female 10-11 Triathlon - Youth (10-11)**

						Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
1	30:20.9	Isla	Pescitelli	219	Z37	4:11.9	1	15:52.8	1	10:16.1	1	30:20.9	1
2	34:21.5	Liv	Guest	218	Z36	4:37.7	3	16:47.0	2	12:56.6	2	34:21.5	2
3	40:26.3	Madalena	Dodd	222	Z40	4:35.4	2	19:47.2	4	16:03.6	3	40:26.3	3
4	41:32.8	Elif Serra	Akgun	221	Z39	6:19.9	4	18:09.1	3	17:03.8	4	41:32.8	4

**Female 12-13 Triathlon - Youth (12-13)**

						Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
1	32:16.0	Kyla	Williams	225	Z43	2:51.0	1	17:04.0	1	12:21.0	5	32:16.0	1
2	35:39.8	Grace	Cottier	226	Z44	4:10.0	4	20:06.0	2	11:23.7	3	35:39.8	2
3	40:32.3	Megan	Johnston	227	Z45	4:02.3	2	25:11.6	3	11:18.3	2	40:32.3	3
4	41:21.9	Annika	Akeroyd	233	J1	4:50.3	5	26:08.3	5	10:23.1	1	41:21.9	4
5	44:56.8	Helena	McQuarrie	234	J2	4:55.9	6	26:24.3	6	13:36.5	6	44:56.8	5
6	45:09.8	Lois Delaney	Harnett-Shaw	235	J3	4:09.2	3	28:44.7	7	12:15.8	4	45:09.8	6
7	45:52.8	M@cke	Du Preez	232	Z50	5:12.3	8	26:03.4	4	14:36.9	8	45:52.8	7
8	49:34.7	Corinne	Albert	228	Z46	4:57.4	7	30:21.8	8	14:15.4	7	49:34.7	8

**Female 14-15 Triathlon - Youth (14-15)**

						Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
		Stella	Graham	240	J8	5:51.6							

**Female W19&Under Triathlon - Senior Youth Relay**

						Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
1	48:41.4	Team Athena		243	J11	4:39.9	1	31:13.7	1	12:47.7	1	48:41.4	1

Elizabeth Rose,  
Kaleb Rose

**Female 19&Under  
Triathlon - Adult (16+)**

						Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
1	1:20:39	Lauren	Harrison	293	J61	11:32.0	3	42:30.6	1	26:36.0	2	1:20:39	1
2	1:20:54	Abigail	Wise	260	J28	10:46.9	2	44:52.3	3	25:14.5	1	1:20:54	2
3	1:23:08	Ember	Bruszkowski	257	J25	9:36.2	1	44:29.1	2	29:02.1	3	1:23:08	3

**Female 20-24  
Triathlon - Adult (16+)**

						Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
1	1:24:17	Holly	Heckl	265	J33	11:10.4	1	47:42.4	1	25:24.1	1	1:24:17	1
2	1:32:25	Shayla	Grymaloski	304	J73	11:31.3	2	47:49.4	2	33:03.7	2	1:32:25	2
3	1:38:29	Madeline	Hagedorn	308	J77	14:47.2	4	48:07.9	3	35:33.8	4	1:38:29	3
4	1:47:43	Emma	Bowman	266	J34	13:41.5	3	59:22.5	4	34:38.9	3	1:47:43	4

**Female 25-29  
Triathlon - Adult (16+)**

						Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
1	1:15:33	Bethany	Ricker	267	J35	10:09.4	1	41:11.5	1	24:12.3	1	1:15:33	1

**Female 30-34  
Triathlon - Adult (16+)**

						Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
1	1:10:22	Sophia	Chadwick	261	J29	9:30.7	1	36:13.9	1	24:37.3	3	1:10:22	1
2	1:14:52	Sonya	Huser	262	J30	9:53.1	2	40:14.0	2	24:45.1	4	1:14:52	2
3	1:16:01	Jennifer	Hennebry	294	J62	11:16.2	6	41:30.9	3	23:13.3	2	1:16:01	3
4	1:16:06	Sierra	Poole	280	J48	10:53.2	5	43:08.0	4	22:05.0	1	1:16:06	4
5	1:21:43	Laura	Pavezka	290	J58	9:57.3	3	45:26.3	5	26:18.9	5	1:21:43	5
6	1:37:07	Elise	Barber	277	J45	12:35.7	8	51:20.9	7	33:10.7	6	1:37:07	6
7	1:38:42	Susan	Kim	269	J37	10:29.0	4	47:45.8	6	40:26.9	8	1:38:42	7
8	1:40:30	Julianne	Johnson	313	J83	11:39.5	7	51:44.3	8	37:05.8	7	1:40:30	8
		DNS	Megan	otteson	264	J32							
		DNS	Rebecah	Burrage	275	J43							
		DNS	Lauren	MacKay	318	J88							

**Female 35-39  
Triathlon - Adult (16+)**

						Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
1	1:24:19	Charmaine	Lightfoot	282	J50	13:09.7	3	47:16.2	1	23:52.9	1	1:24:19	1
2	1:26:26	Adrienne	Chan	311	J80	12:10.7	1	49:25.4	3	24:49.7	2	1:26:26	2
3	1:35:33	Suzanne	LIDDLE	314	J84	13:21.3	4	50:23.2	4	31:48.1	4	1:35:33	3
4	1:38:04	Janelle	Wight	306	J75	13:22.5	5	48:38.3	2	36:03.1	5	1:38:04	4

	5	1:38:10	Grace	Lore	288	J56		12:18.1	2	55:30.2	5	30:21.4	3	1:38:10	5
<b>Female 35-39 Triathlon - Adult Relay</b>								Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
	1	1:31:36	Can't Talk, Gotta Run		292	J60	Hilary Begin, Dana Falcioni	10:49.7	1	50:20.7	1	30:25.9	1	1:31:36	1
<b>Female 40-44 Triathlon - Adult (16+)</b>								Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
	1	1:22:58	Chloe	Faught	298	J67		10:23.1	1	44:20.4	1	28:14.1	2	1:22:58	1
	2	1:27:13	Julie	Akeroyd	286	J54		13:32.8	2	47:31.4	2	26:09.0	1	1:27:13	2
			DNS	Allyson	Grant	255	J23								
			DNS	Kelly	Branchi	283	J51								
			DNS	Stephanie	Woodsworth	296	J64								
<b>Female 45-49 Triathlon - Adult (16+)</b>								Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
	1	1:32:47	Tessa	McLoughlin	252	J20		10:36.5	1	51:23.6	1	30:46.5	1	1:32:47	1
<b>Female 50-54 Triathlon - Adult (16+)</b>								Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
	1	1:09:32	Cindy	Mabee	247	J15		7:24.4	1	38:32.4	1	23:34.9	1	1:09:32	1
	2	1:28:54	Helen	Davis	295	J63		11:32.9	2	47:10.9	2	30:10.1	2	1:28:54	2
			DNS	Cindy	Mabee	248	J16								
			DNS	Jelena	Putnik	299	J68								
<b>Female 55-59 Triathlon - Adult (16+)</b>								Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
	1	1:46:46	Kimberley	Wood	271	J39		14:17.1	1					1:46:46	1
<b>Female 60-64 Triathlon - Adult (16+)</b>								Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
	1	1:13:10	Barbara	Polehoykie	270	J38		10:20.7	1	39:01.8	2	23:47.7	1	1:13:10	1
	2	1:15:36	Nancy	Carleton	268	J36		10:31.0	2	38:51.4	1	26:13.6	2	1:15:36	2
<b>Female 6-7 Duathlon - Youth (6-7)</b>								Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
	1	12:46.5	Mila	Du Preez	245	J13								12:46.5	1

**No Gender 20-24  
Triathlon - Adult (16+)**

							Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
1	1:16:01	Antoine	Poupart	289	J57		8:51.4	1	42:23.2	1	24:46.5	1	1:16:01	1

**No Gender 40-44  
Triathlon - Adult (16+)**

							Swim	(rank)	T1/bike/t2	(rank)	Run	(rank)	Total	(rank)
1	1:32:18	Elijah	Zimmerman	279	J47		14:41.7	1	49:23.5	1	28:12.7	1	1:32:18	1